

STAND UP PADDLE BOARD BUYING GUIDE

Looking into buying your first stand up paddle board? Check out this ultimate buyer's guide to make sure you get the perfect board to suit you and your paddling style!

1.

WHAT'S YOUR SUP STYLE?

First, consider how you want to use your SUP! There are a variety of different stand up paddle boards in all shapes and sizes designed for specific uses.



SUP



surfing



racing



touring



fishing



yoga

If you're going to enjoy all of these paddling styles, you could also grab an all-around board!



2.

SOLID OR INFLATABLE?



SOLID STAND UP PADDLE BOARDS



Made of plastic, fiberglass, or carbon fiber



Best for performance and stability for surfing and racing



More susceptible to bumps and damage if you hit the rocks

INFLATABLE STAND UP PADDLE BOARDS



Made of heavy-duty PVC panel stitched and glued together



Inflated with a manual or electric pump



Super easy to store and transport



Best for normal usage such as cruising, touring, or SUP yoga on calm water

3.

TRANSPORTING YOUR BOARD

Will you need to transport your board to your paddle spots? If you have a vehicle, it will be easy to transport a solid SUP on a roof rack. Inflatable SUPs can be rolled up in a backpack and carried without a vehicle.



4.

SIZE MATTERS

Your board's length, width, and thickness determine how well it will support you on the water. Boards are usually 10-14ft long, 32-34 inches wide and 4-6 inches thick.

A general rule is larger people will need longer, wider, and thicker boards while smaller people can use smaller, narrower, and thinner boards.

Find the perfect size SUP for you with [our size table here!](#)

32-34 INCHES WIDE

10-14FT LONG



4-6 INCHES THICK

5.

SUP ACCESSORIES



The fins on your SUP will depend on what you're using it for. Single large fins are good for keeping the board on a straight track. Multiple small fins are better for maneuverability while surfing. Useful accessories for stand up paddle boarding include:



Lightweight paddle



Personal floatation device



Car rack for transporting



Safety leash



Case or carry bag



Wall rack for storing

Considering factors such as paddling style, your height, and how you can transport the board are key steps to choosing the best SUP for you. Find the perfect stand up paddle board for your next paddling adventure at

www.coolwatersports.com

SOURCES:

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