## COOL WATER S P O R T S

## **Bodyboard Size Chart**

Rider Weight (Lbs)	Rider Height (inches)	Bodyboard Length (inches)
55 – 77	23 – 57	30 – 34
78 – 132	58 – 63	35 – 39
133 – 286	64 – 74	40 – 44
287+	77+	45+

Rider Weight (kg)	Rider Height (cm)	Bodyboard Length (cm)
25 – 35	60 – 144	76 – 86
36 – 60	145 – 160	88 – 99
60 – 130	161 – 190	100 – 111
130+	190+	111+

## **Rule of Thumb**

Place the board upright on the floor.

The nose of the board should now reach to the belly button or slightly above.

## **Important Note:**

if you are a little heavier than the "average", this rule will cause you to choose a board with too little buoyancy.

This will increase the drag in the water and therewith reduce your ability to catch and ride the waves.