

COOL WATER

S P O R T S

Freeride Tour and Powder Day Packing List

Skiing and Safety Equipment

	Must	Optional
Skis		
Ski boots	<input type="checkbox"/>	
Ski poles	<input type="checkbox"/>	
Ski skins	<input type="checkbox"/>	<input type="checkbox"/>
Crampons		<input type="checkbox"/>
Avalanche beacon	<input type="checkbox"/>	
Shovel and probe	<input type="checkbox"/>	
Thermal blanket	<input type="checkbox"/>	
Goggles	<input type="checkbox"/>	
Helmet	<input type="checkbox"/>	
Sun protection	<input type="checkbox"/>	
A light source	<input type="checkbox"/>	
First aid kit	<input type="checkbox"/>	
Map area	<input type="checkbox"/>	
Backpack or avalanche airbag	<input type="checkbox"/>	
Tool and repair kit	<input type="checkbox"/>	

Drinks and Food

Electrolyte drinks		<input type="checkbox"/>
Water	<input type="checkbox"/>	
Thermos flask		<input type="checkbox"/>
Protein bars	<input type="checkbox"/>	
Energy sachets		<input type="checkbox"/>

Clothes

Thermal underwear	<input type="checkbox"/>	
Mid-layer clothes (Fleece jacket)	<input type="checkbox"/>	
Skiing jacket	<input type="checkbox"/>	
Gloves x2	<input type="checkbox"/>	
Ski socks	<input type="checkbox"/>	
Cap		<input type="checkbox"/>
Sunglasses		<input type="checkbox"/>